

A
Report on
Expert lecture on
World Health Day
(5th April, 2024)

Organized by
(Mechso Club)

Department of Mechanical Engineering
Rao Pahlad Singh College of Engineering and Technology,
Balana, Mahendergarh



Rao Pahlad Singh Group of Institutions
Mahendergarh

Background:

The Mechso Club Mechanical Engineering Department of Rao Pahlad Singh College of Engineering and Technology, Balana, Mahendergarh celebrated World Health Day by organizing a guest lecture on the topic “MY HEALTH MY RIGHTS ” by Dr. Pratyasha Nayak **MD, Anaesthesiology and critical care, aiims, Raipur, Pdcc, organ transplant anaesthesia and critical care, ilbs, New Delhi** on 05.04.2024. The mode of conduction of guest lecture was through Zoom meeting application.

Objectives:

The objectives of this guest lecture were as follows:

The main objective was to create awareness to discuss health-related issues and to draw attention to specific health issues concerning people across the world.

Participants:

It was attended by 70 students from diploma, degree engineering and faculty from mechanical attended the talk in seminar Hall.

Brief of the Program:

The guest lecture was held on March 1st 2024, Friday, at 01.30 AM to 2.00 PM. Dr. Rojaleena Das, Associate Professor, Mechanical Engineering Department, Rao Pahlad Singh College of Engineering and Technology host the session. Miss Mahak from mechanical diploma 4th sem welcome all the attendees and introduced the guest speaker. The session was taken over by the guest speaker Dr. Pratyasha Nayak, **MD, Anaesthesiology and critical care, aiims, Raipur, Pdcc, organ transplant anaesthesia and critical care, ilbs, New Delhi** .

She started her talk by defining the importance of health, the health related issues and to draw attention to specific health issue concerning people across the world. She explained Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity. The enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, and political belief, economic or social condition. She also explained that how the health of all people is fundamental to the attainment of peace and security and is dependent on the fullest co-operation of individuals and States. Unequal development in different countries in the

promotion of health and control of diseases, especially communicable disease, is a common danger.

The extension to all peoples of the benefits of medical, psychological and related knowledge is essential to the fullest attainment of health. She also discuss how the diseases and disasters loom large as causes of death and disability. Conflicts are devastating lives, causing death, pain, hunger and psychological distress. The burning of fossil fuels is simultaneously driving the climate crisis and taking away our right to breathe clean air, with indoor and outdoor air pollution claiming a life every 5 seconds.

Dr. Pratyasha also explained very precisely about the WHO Council on the Economics of Health for All has found that at least 140 countries recognize health as a human right in their constitution. Yet countries are not passing and putting into practice laws to ensure their populations are entitled to access health services. This underpins the fact that at least 4.5 billion people — more than half of the world's population — were not fully covered by essential health services in 2021. To address these types of challenges, the theme for World Health Day 2024 is 'My health, my right'. All the citizens should able to access to: **quality health services, education, information, safe drinking water, clean air good nutrition, quality housing, decent working and environmental conditions freedom from discrimination.** During her talk she was very interactive with the students in the entire session.

The guest speakers ended with a question and answer session in which students get their doubts solved. At the end Mr. Manish Kaushik, Head of Mechanical Engineering Department, RPSCET, thanked our keynote speakers and the Dr. Rojaleena Das, Associate Professor, Mechanical Engineering Department, RPSCET for conducting the Expert lecture on the topic “My health My Rights”.

Feedback from the Participants:

A feedback from the students were taken, the participants were thankful to Dr. Pratyasha, MD, Anaesthesiology and critical care, aiims, Raipur, Pdcc, organ transplant anaesthesia and critical care, ilbs, New Delhi for spending and sharing quality time with the students and faculty members and also thanks to Dr. Rojaleena Das, Associate Professor, Mechanical Engineering Department, RPSCET Balana, Mahendergarh for conducting this guest lecture.

Banner:



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Expert Lecture by:
Dr. PRATYASHA NAYAK
MD, Anaesthesia and Critical Care
(AIIMS R)
PCCC fellowship, Organ Transplant
Anaesthesia
and Critical Care, ILBS, New Delhi

CELEBRATING WORLD HEALTH DAY

05 April, 2024

Time -1:00pm - 4:00pm

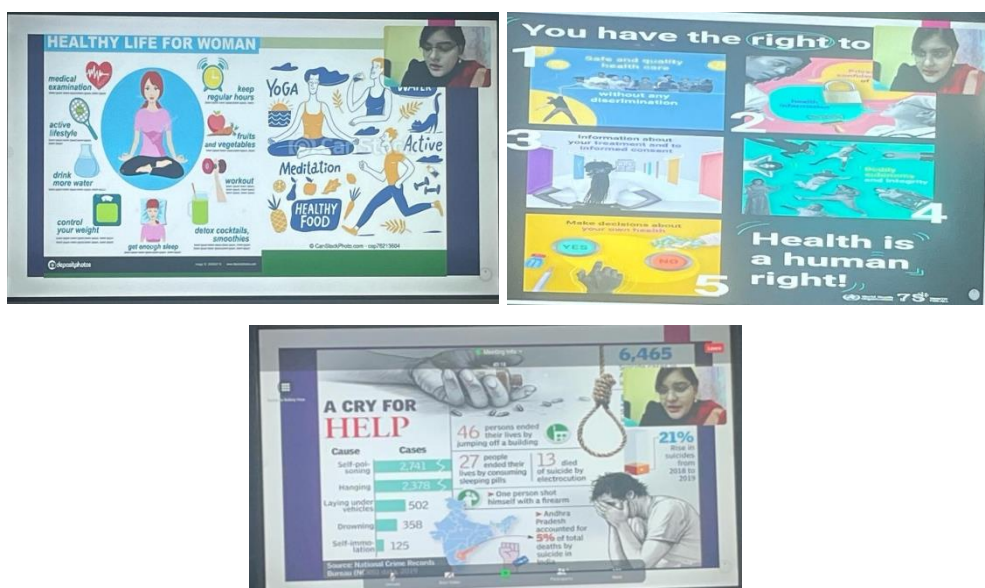
Events-
Drama , Disgusting Poster Making, Debate ,
Shayeri, Nukkad Natak, Singing , Dance and Quiz

Organize by
DEPARTMENT OF MECHANICAL ENGG.

Venue: Seminar Hall

8th Milestone Balana, Mahendergarh, Haryana

Glimpse of Session:



Resource Persons:

Dr. Pratyasha Nayak, MD, Anaesthesiology and critical care, aiims, Raipur, Pdcc, organ transplant anaesthesia and critical care, ilbs, New Delhi

Coordinator:

Mr. Sumit, Asst. Professor, Department of Mechanical Engineering

Dr. Rojaleena Das, Associate Professor, Department of Mechanical Engineering

Mr. Manish Kaushik, Head of Mechanical Engineering Department,

Rao Pahlad Singh College of Engineering and Technology, Balana, Mahendergarh